

Refer to the Alleva-Wave User Instruction Manual for full details, warnings and precautions

1 Plug in coils

It is best to connect and disconnect the coils with the battery removed. This is to avoid possible damage to the internal electronics.



2 Locate a fully charged battery

Locate a rechargeable battery that is completely charged, or a fresh non-rechargeable battery.



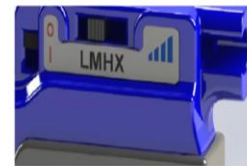
3 Insert using correct polarity

Confirm the battery terminals are correctly aligned to the positive (+) and negative (-) markings on the pulse generator. Be very careful to use correct polarity if using optional 9v adapter (risk of fire/burn)



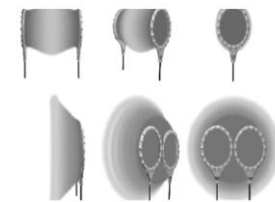
4 Set switch, verify operation

Set switch to L, M, X, H. Verify the green LED is flashing and the coils are "clicking". During treatment the green LED will flash (Stimulation Mode).



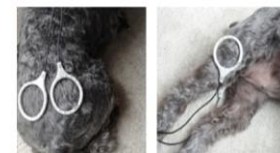
5 Choose coil configuration

Choose an opposite-side coil configuration for thinner or smaller injury areas. Or select a side-by-side coil configuration for thicker or larger injury areas.



6 Locate coils with bumps out

Locate both coils with their bumps away from the skin. That is, the smooth side of both coils should be against the body. This is true for both coil configurations.



7 Also remember

Keep coils away from metal objects. Experiment with different coil configurations and locations. Be patient: chronic injuries respond more slowly than acute.